



## Dates for your Calendar

(New items on the calendar will appear in italics)

Sushi Lunch

### May

**Tue 10–Fri 20**

Year 3 & 5 Naplan

**Fri 13**

Year 6 to 7 Application forms due back to EEPS

**Mon 16**

Bakers Delight Lunch

**Tue 17**

School Council Sub Committee Meeting 6:30pm

School Council Meeting 7:15pm

**Wed 18**

District Cross Country

**Wed 25**

EEPS OPEN DAY

### June

**Wed 8**

Prep 2023 Transition—Music and Movement for Parents and Children

**Fri 10**

Curriculum Day—**Student Free Day**

**Mon 13**

Queens Birthday Public Holiday

**Tue 14**

School Council Sub Committee Meeting 6:30pm

School Council Meeting 7:15pm

**Wed 15**

Year 3 to 6 EEPS House Athletics

**Fri 17**

Prep 2023 Transition—Music and Movement for Parents and Children

**Mon 20**

Sushi Lunch

**Wed 22**

Reports available via Compass

**Fri 24**

Last day Term 2—

**2:30pm dismissal**

Prep Long Ago Day

### Camp Dates

Year 6 Camp Woorabinda

August—Mon 8—12

Year 5 Camp Kangarooi

August -Mon 22—Fri 26

Year 4 Camp ADANAC

October—Mon 24—Wed 26

Year 3 Camp Candlebark

November—Thu 17—Fri 18

Year 2 Day Camp—YMCA

December—Wed 14th

### Swimming Dates

Year 1

May

23rd to 27th

Year 2

May & June

30th to 3rd

Year 3&4

October

10th to 14th

Year 5&6

October

17th to 21st

Prep

October & November

Tue 11th, 18th, 25th

## Learning @ EEPS Newsletter: Term 2 Number 6— 3rd May, 2022



Dear parents and carers,

We are well and truly in the swing of Term 2. Interschool Sport and ELOs start this Friday and the optional Year 2 Strings program started yesterday. It was also lovely to have some of our Year 6s perform their 'Introductory Raps' in Japanese at Assembly yesterday morning. Miss Sakamoto is greatly enjoying teaching Japanese at EEPS and has written up a fantastic overview of the Japanese program, so far this year. Please read this later in the Newsletter.

### Pre-service Teachers

EEPS welcomes several Pre-Service Teachers to the school this term. We hope they gain a lot of valuable experience. We know that the students certainly enjoy having an extra teacher in the class!

### Staff News

We welcome Ms Debra Carman to EEPS for Term 2. Ms Carman is taking over from Mrs Samphier whilst she travels to England to meet her first grandchild. Ms Carman has had extensive experience in teaching music through the Kodaly method, which is the teaching approach we adopt for our Prep-Year 2 students. Mr Bain continues to improve and students may have seen him visiting over the last couple of weeks. He will continue to be on leave whilst he fully recovers from his mountain bike accident early last term.

### Education Week- 150 years of public education

Education Week is coming up at the end of May but we are starting the build-up with some warm-up challenges- please look out for one each week over the next few weeks.

### New Values and Learning Disposition Posters

If you have been into a classroom this term you may have noticed our new Values and Learning Disposition posters- same content but we have just gone for a new, fresh look.

### Outside School Hours Care- Staff, Anyone out there?!

As you would be aware there are a number of challenges across many industries to find replacement staff. With our large pool of Casual Relief Teachers (CRTs) we are managing to cover our staff teacher absences. However, we are in need of additional casual OSHC staff. We have advertised on Facebook and posted ads on a number of forums, but we would still like more. To work in OSHC you must be 18 years of age, have a current Working With Children Check, and ideally working towards a certificate of childcare or a qualification in the educational field. If any of our parents, carers, grandparents or older siblings are interested, please contact OSHC on [oshc.eltham.east.ps@education.vic.gov.au](mailto:oshc.eltham.east.ps@education.vic.gov.au) or by calling 9431 2228. Please also feel free to simply make contact with OSHC if you have any general inquiries regarding the positions. The staff challenges are certainly not unique to EEPS OSHC but with some planned leave absences later in the year we want to be able to continue our program in the best way possible.

**A few reminders-**

**Uniform-** thank you to the EEPS community for your ongoing support with student uniforms. Just a reminder that plain black shorts or school shorts with the logo are required (if students are wearing shorts) and that commemorative Year 6 tops are only to be worn by current Year 6 students.

**Mobile Phones-** we spoke to the students at Assembly yesterday about the requirements for mobile phones and and 'cellular connected' watches to be in bags during the day. 'Space Talk' watches can be worn during the day provided they are in 'school mode'. The EEPS Mobile Phone policy is available on our website. Please always remember that if there is some family emergency during the school day and you need to make contact with your child then this will always be facilitated through the school office.

**Traffic safety-** thank you to the community for collectively working hard to model safe driving and pedestrian behaviour around the school.

**NAPLAN-** NAPLAN starts next week for Year 3 and 5 students. This year all the tests are conducted online, except Year 3 writing which is conducted with pencil and paper. Please help reassure the students that these assessments are just part of the normal cycle of teaching and learning and that the teachers will approach the tests in a calm, reassuring way.

As we move through the year there are an increasing number of resources available to parents through our involvement in the Resilience Project. Please see this later in the Newsletter.

We hope that our EEPS mothers, and mother figures, have a nice day this Sunday for Mother's Day. We respect and appreciate that there are different family structures and wish all families happiness and contentment for Sunday, in whatever you do and how ever you mark this day.

## *Learning and growing together*

*Warren Lloyd  
Principal*

*David Tyndall  
Assistant Principal*

*Lisa Joseph  
Leading Teacher*



## Japanese program at EEPS



Konnichiwa! My name is Aoi Sakamoto, and I am the new Japanese teacher at EEPS. This year, I am teaching Year 1 to 6 and Mrs Cromer is teaching the Prep students. I have been enjoying teaching at EEPS very much and would like to share my passion for teaching Japanese and the highlights of our learning areas over the last term.

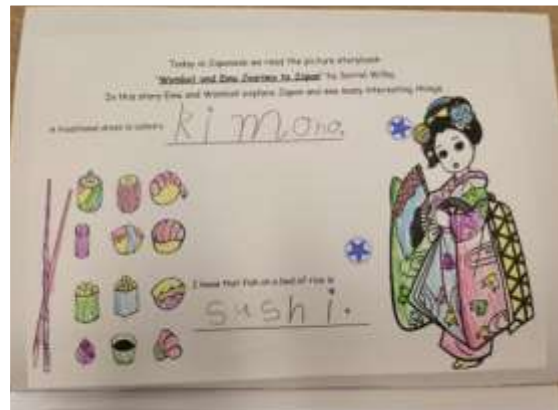
### The benefits of learning a second language in the early stage of life

The Japanese program at EEPS provides students with a rich linguistic study and cultural study. Learning a second language in the early stage of life provides significant benefits to many areas of the brain which develops concentration, memory, problem-solving skills, critical thinking skills and listening skills. In addition, the rich cultural study in the program supports students to develop a positive mindset of acceptance and respect toward Japanese and other cultures. Developing this mindset in the early stage of life is crucial to being an informed local and global citizen living in today's multicultural world.

### Highlights of the learning

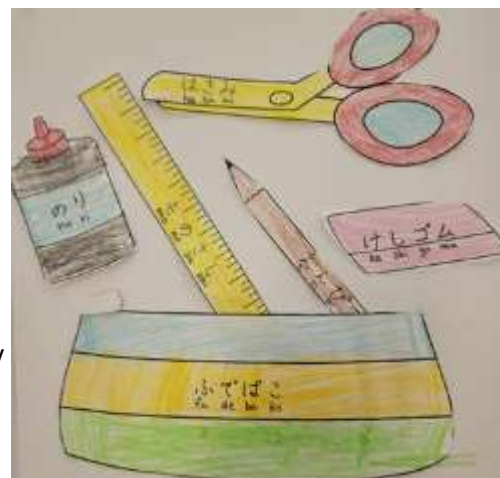
#### Prep

The prep students started their Japanese program with exposure to Japanese culture. In this unit, they read a very popular picture book called 'Wombat and Emu Journey to Japan' which introduces a rich amount of Japanese cultures such as chopsticks, kimono, sumo, and origami. In addition to the cultural study, the students have been enjoying the language learning as well. It was impressive to see how quickly the students are absorbing the language! Many of them can confidently say greetings in Japanese such as 'Konnichiwa' meaning 'hello' and 'Sayounara' meaning 'goodbye'.



#### Year 1 and 2

Year 1 and 2 students learned classroom instructions and classroom conversation. They enjoyed learning the instructions such as 'mite kudasai' meaning 'please look' through a game using actions. Too hard to remember? The easy way to remember is to say 'Eyes on me, mite kudasai' as the pronunciation of 'me' and 'mi' for 'mitekudasai' is the same. Following this, the students learned classroom conversation with vocabulary about stationery items such as 'enpitsu (a pencil) o kudasai' meaning 'a pencil please', 'hai, douzo' meaning 'here you go', and 'arigatou' meaning 'thank you'. They loved making their own paper 'fudebako' (pencil case) which can hold paper stationery items. They enjoyed using the stationery items to remember the vocabulary and to practice conversation with their peers.



### Year 3 and 4

Many students in Year 3 and 4 have been asked by their family members "Oh you learn Japanese at school, can you say something in Japanese?". This is their chance to impress their family with a self-introduction in Japanese! To make the learning fun and exciting, the students made a self-introduction rap which includes information about the student's name, age and a sport they play. The rap was a huge hit for the students. They engaged in practising the rap very well and showed great enthusiasm to increase their language skills. At the end of term 1, the classroom was transformed into a rap concert with disco lights for the self-introduction rap assessment. Many students wore a gold chain neckless and used a microphone to look like a real rapper! They enjoyed performing their rap accompanied by freestyle rap music with a great vibe!



### Year 5 and 6

The students in Year 5 and 6 also made their self-introduction rap but their rap was longer than the Year 3 and 4 students'. In addition to their name, age, and a sport they play, they included their hobby in the rap as well. Even though it is just one extra sentence, it requires students to learn more advanced grammar and vocabulary. Although the length of the rap is quite long, many of the students demonstrated their strong focus on learning and used their initiative to progress their knowledge and skills. It was fantastic to see many students actively seek feedback from me and applying the feedback to improve their knowledge and skills. They performed their own rap at the self-introduction rap assessment at the end of the term. The classroom was transformed into a rap concert with disco lights and freestyle rap music. Many students enjoyed performing their rap as looking like a real rapper with a gold chain neckless and a microphone!

### Japanese lunchtime club

Japanese lunchtime club is run every Thursday for Year 3 and 4 students. As 2022 is the Year of the Tiger, students made a fabulous large puzzle of a tiger for the first couple of sessions. This puzzle is composed of A4 papers and each student coloured in one piece. It turned out to be this beautiful poster that represents each student's individuality. Following this activity, the students have been enjoying playing with Japanese traditional toys such as kendama, darumaotoshi and they even made an origami cake! I have been enjoying the extra time I can spend with the students and am excited to do more fun activities with them into the future!





## 2022 Victorian Premiers' Reading Challenge:



The 2022 Premiers' Reading Challenge is now active. This year's theme is '**Discover a new chapter**', which encourages children to explore a wide range of books. Our 2022 Premiers' Reading Challenge illustrator is Anna Zobel, whose pictures transport us to adventures under the sea, voyages on the open ocean and the search for treasure in a fantasy land.

The PRC application offers a range of exciting features including:

- access to a library catalogue (including book images and blurbs)
- a modern user-friendly interface
- rewarding students with badges as challenge milestones are achieved
- the option for students to mark books as a favourite, give them a star rating or complete a book review

Now in its 18th year, the Premiers' Reading Challenge continues to inspire children to read, helping to build essential literacy skills that support their education.

Students in Years 3 to 6 need to read at least 15 books, 10 from the challenge list and up to 5 free choice books in the five months from April to September to complete the challenge. For Prep to Year 2 students, the challenge is to read or experience 30 books, 20 books from the challenge list and up to 10 free choice books by Friday the 2nd of September. Children can read picture books, short stories, poems or non-fiction books in any language as part of the challenge.

Every child had their own personalised Victorian Premiers Reading Challenge (VPRC) log on and password. The log on screen will look like this:

**Student login**

Select your educational network to login

**Edupass login**  
Using DET (09XXXXXX) number to login

**VPRC login**  
For Government, Catholic, Independent and Home based readers

### **Adding books to your reading list is really easy:**

Search the catalogue for the books your child has read or been read **this year** and add them to their record:

1. Select Search Books in the side menu.
2. Enter either the book's name, author, series name or ISBN number in the search field.
3. Select the Search button.
4. Find the book you want from the search results and select the book title. This will open the book details.
5. Select the + add book button.

The book will appear in your reading list on the dashboard.

If you mark a book as finished but want to remove it, speak to your Challenge coordinator or class teacher. ***If the book has already been verified, it cannot be removed from your reading list.***

Follow the link to explore the books on this year's challenge booklist:

<https://www.education.vic.gov.au/about/events/prc/Pages/booklist.aspx#link85>

If you are looking for books in our Library or your local Library, look out for these stickers:



**Red** - Prep to Year 2

**Green** - Year 3 & Year 4

**Purple** - Year 5 & Year 6

We hope you are as excited about this year's challenge as we are, and we look forward to exceeding the reading results from previous years!

Happy Reading!

**Angela King, Patty Casale and Chris Hill**  
**VPRC Coordinator's for 2022 Challenge**



# Education Week at E.E.P.S!

Public education is celebrating its 150<sup>th</sup> anniversary! Did you know, Eltham East Primary School has been educating students for 59 of these years? That is 39% of the total 150 years.

We would like to invite you to come and celebrate with us on **Wednesday the 25<sup>th</sup> of May**. The school will be open for families to come and see learning in your child/ren's classroom.

To celebrate education, we will share some challenges you can complete at home. There will also be a family challenge, where you are in the running to win a \$50 Eltham Bookshop voucher! There will be a panel of teachers who will judge and score!

## This week the challenge is:

What letters, when written in lowercase, can be read the same upside down as right side up?

Hint- Symmetry. Understanding how one part of an object mirrors the rest is important in art, design, medicine and other areas.

OR



## The Resilience Project

Throughout 2022, we will be working closely with The Resilience Project to support the wellbeing of our school community.

[The Resilience Project](#) delivers emotionally engaging programs and provides evidence-based, practical strategies to build resilience.

Our Partnership Program consists of online presentations and weekly lessons for students, professional development for staff, and Parent & Carer Hub (inc. digital presentations) for our parent and carer community.

Over the coming weeks, we'll be sharing the Parent & Carer Hub with you. The videos are 5-10 minutes long and will walk through the key pillars of resilience: **Gratitude**, **Empathy** & **Mindfulness**. You'll hear stories and be introduced to activities to show how these strategies can support our kids' learning and development, and also support you as parents and carers.

This program is an important part of our school's effort to look after the mental health of our community.

**View the first presentation of the series here: Part 1: Meet Hugh and learn about The Resilience Project** - <https://theresilienceproject.com.au/parent-and-carer-hub-hugh/>

In this presentation, Hugh shares a personal experience about his sister's battles with Mental Illness.

**Note:** This video contains a story about an Eating Disorder that may be triggering. Please consider this before watching. For mental health resources and support information, visit [The Resilience Project's Support Page](#).

We will be in touch to share the remainder of the program, including research and wellbeing activities to integrate into day to day life.

The Education Team  
The Resilience Project

### Year 6 to 7 Transition—Placement of students commencing Year 7 in 2023.

Information and an application form for Year 7 placement for 2023 has been sent home with the children.

Please ensure the Application form for Year 7 Placement 2022 is completed and returned to your **classroom teacher by Friday 13th May**. You will be sent notification of Year 7 placement for 2023 on Wednesday 20th July.

Please don't hesitate to make contact with either myself, or Anna Strebinos in the School Office, if you have any questions.

Thank you,  
Nadia Constance—Year 6 to 7 Transition Coordinator



## SPORTS NEWS

### Year 6 Interschool Sport—Term 2

The sports for this term include Football, Soccer, Netball, Bat Tennis and Korfbal (Eltham East will have 2 soccer teams this year, our second team is replacing the Our Ladies soccer team). The year six students will be involved in the program each week. Fixtures have been posted onto Compass. The year 6 teachers have distributed uniforms to students.

Students are expected to wear this uniform during matches along with properly laced shoes (AFL and soccer players are also required to wear a mouthguard). We ask that these uniforms be washed and returned at the end of the season.

In the event of a venue change, parents will be informed via Compass.

**Games commence at approximately 1pm and finish at 2.30pm.**

Consent and payment is due Tuesday 3rd May via Compass. As indicated in our Parent Payment Policy, in the interest of fairness, children of families who opt not to pay will not be able to participate.

## Science Talent Search

Dear Parents and Carers,

Science Talent Search Optional Learning Challenge

Eltham East places a strong emphasis on the teaching of science. To further build children's understandings of science, Prep to Year 6 students are being invited to complete an entry for the statewide, 'Science Talent Search' as part of optional learning activities.

The theme for this year's Science Talent Search is '**Glass: More than meets the eye.**'

The children have a choice of working on one of the following three projects:

- a creative writing piece
- a poster
- an experimental research project

All entries for the official Science Talent Search competition must follow the competition guidelines (see attached). **First drafts are due Week 3 Term 2 and final projects are due in Week 7 Term 2.** This will give children an opportunity to clarify their ideas with teachers if needed.

The school is not able to send all projects to the statewide level as entries are subject to a strict quota. School level projects will be judged by Eltham East teachers according to the guidelines.

Our school Science Talent Search Coordinators are **Valentin Taburet and Sarah Coney**.

Parents may need to guide and help students with the choice and direction of their activity; however, the work completed is to be the own student's work and will be judged according to strict guidelines. We will have check in sessions for students and teachers to ensure the projects are on the right track.

For more information, visit the STS website. <http://www.sciencevictoria.com.au/sts/index.html>

*Thank you and we are looking forward to showcasing our great scientific talent.*

*Thanks,*

*Valentin Taburet and Sarah Coney*

## Prep 2023 Enrolments

Prep 2023 enrolment packages are now available from the EEPS office and on the EEPS website [www.elthameastps.vic.edu.au](http://www.elthameastps.vic.edu.au)

Parents seeking to enroll their child are asked to provide their child's birth certificate or passport, their School Immunisation Certificate, details of any relevant medical issues including asthma or anaphylaxis plans and any other information that may assist us in ensuring your child's transition to their new school is successful. We also ask that you bring a recent gas, electricity account or rental agreement showing your address.

### School Enrolment Process

Every year we have a high demand for places at our school and we will continue to grow in 2023. For Prep—Year 6, we are accepting children where we are your closest school. The **Find my School website** is a single source provided by DET to visually present all school zones throughout Victoria and to make it easier to find your local neighbourhood school or other public school option.

**We are accepting all enrolments from Tuesday 1st March until Friday 17th June.** From 18th July, you will receive a letter confirming your place at our school.

- Families for whom EEPS is the closest state primary school will have priority.
  - If you already have a child at the school and we are **not** your closest school, please ensure that you enroll your child **before the closing date to secure your place.**
- After this, remaining places will be given to families outside our area.

## Book your Prep Transition sessions online

Go to: [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) and follow the simple instructions.

- 1. Music and Movement for Parents and Children:** Wednesday June 8th & Friday June 17th
- 2. Story Time for Parents and Children:** Wednesday July 20th & Friday July 22nd
- 3. Art Lesson for Children:** Wednesday August 24th & Friday August 26th



### Orientation Program

**Big Book Fun for Children: Upon receipt of enrolment form,** we will book your child into this session at the school office or if you have emailed your enrolment, you will receive an email with booking date and time. Session dates are: Wednesday October 12th & Friday October 14th.

**Classroom Visit for Children (1hr & 15min session):** Wednesday November 2nd **OR** Friday November 4th  
**Orientation for Children (1 hr session):** Tuesday December 6th.

You will be notified of your child's session via a Compass email later in term 4.

# 2022 Community Activities

## Scholastic Bookclub

Issue 3 catalogues have been delayed but should be arriving soon for distribution.

Please ctrl click on the link [https://scholastic.com.au/media/7045/bc\\_322\\_r.pdf](https://scholastic.com.au/media/7045/bc_322_r.pdf) to view the digital copy of this catalogue and it can also be viewed through LOOP online.

Issue 3 orders are due back to the school office or via LOOP online **By Thursday 12th May.**

## PJS, SOCKS, SINGLETS & JOCKS CAMPAIGN

We are asking our school community to purchase new packets of underwear, socks and pyjamas for children sizes 2 to 16 (kids). All items donated go to families in our immediate community who are struggling with hardship, albeit financial, homelessness, single parent families etc. to ease their burden. Through a wide number of outreach services, Big Group Hug happily supply those in need with these bare necessities.

**Please drop off these items in the foyer of the office until Monday 9th May.**

## Bakers Delight Lunches & Sushi Lunches

Bakers Delight and Sushi lunches will begin again in 2022. Please look out for lunch order forms in the newsletter.

***Please write your child's name, class, room number and if it's a Bakers Delight or Sushi lunch on an envelope and place lunch order form and cash into envelope. Last day to place a lunch order is the Thursday before.***

### Lunch Order dates for 2022

Bakers Delight Lunch	Monday 16th May	<i>Order form need to be at the school office by Thursday 12th May</i>
Sushi Lunch	Monday 20th June	<i>Order form need to be at the school office by Thursday 16th June</i>
Bakers Delight Lunch	Monday 25th July	<i>Order form need to be at the school office by Thursday 22nd July</i>

## Icypole sales

Icypoles will be sold out of the Discovery Kitchen every Monday. The cost of an icypole is \$1.00.

Eltham East Primary School



Special Lunch Order Day

Monday 16th May, 2022

(NB: payment required by Thursday 12<sup>th</sup> May, 2022(Cash Only)

Child's Name..... Grade.....Room.....

Payment of \$5.50 enclosed for lunch order of: an apple, fruit juice/water and savoury roll (please tick your selection below)

Please send cash only in a labelled envelope with child's name, class and room number.

Savoury Roll Option - \$5.50

- |                          |   |                          |                          |
|--------------------------|---|--------------------------|--------------------------|
| <input type="checkbox"/> | Cheese & Bacon  | <input type="checkbox"/> | Water                    |
| <input type="checkbox"/> | Cheese & Pineapple  | <input type="checkbox"/> | Apple Juice              |
| <input type="checkbox"/> | Cheesymite  | <input type="checkbox"/> | Apple/Blackcurrant Juice |
| <input type="checkbox"/> | Savoury Bite  | <input type="checkbox"/> | Orange Juice             |
|                          | (consists of a small roll, cocktail frankfurt, tomato sauce & cheese) | <input type="checkbox"/> | Tropical Juice           |

Eltham East Primary School



Special Lunch Order Day

Monday 16<sup>th</sup> May, 2022

(NB: payment required by Thursday 12<sup>th</sup> May, 2022(Cash Only)

Child's Name..... Grade.....Room.....

Payment of \$6.50 enclosed for lunch order of: an apple, fruit juice/water and pizza slice (please tick your selection below)

Please send cash only in a labelled envelope with child's name, class and room number.

Pizza Slice Option - \$6.50

- |                          |   |                          |                          |
|--------------------------|---|--------------------------|--------------------------|
| <input type="checkbox"/> | Ham & Pineapple   | <input type="checkbox"/> | Water                    |
| <input type="checkbox"/> | Marguerita  | <input type="checkbox"/> | Apple Juice              |
| <input type="checkbox"/> | BBQ Bonanza   | <input type="checkbox"/> | Apple/Blackcurrant Juice |
|                          | (consists of BBQ sauce, ham, bacon, mild salami & cheese) | <input type="checkbox"/> | Orange Juice             |
|                          |   | <input type="checkbox"/> | Tropical Juice           |



## Newsletter Advertising

We accept advertisements to be included in our newsletter from most areas of private industry, however it should be noted that Eltham East Primary School Council does not endorse any product or service advertised.



**TENNIS LESSONS**  
LOCATION: RESEARCH TENNIS CLUB

WE SPECIALIZE IN LESSONS FOR BEGINNERS

**SPECIAL OFFER!!**  
ENROL NOW & RECEIVE A  
**30% DISCOUNT**  
AND A NEW RACKET FOR  
**FREE!**

FOR MORE INFORMATION  
TEL: 9432-3706  
WEB: [WWW.TOPLINETENNIS.COM](http://WWW.TOPLINETENNIS.COM)  
EMAIL: [INFO@TOPLINETENNIS.COM](mailto:INFO@TOPLINETENNIS.COM)

**TOPLINE TENNIS**

**ANZ HOT SHOTS**

The advertisement features a vibrant blue and yellow background with a large speech bubble containing the main title 'TENNIS LESSONS' and location 'RESEARCH TENNIS CLUB'. A cloud-shaped callout states 'WE SPECIALIZE IN LESSONS FOR BEGINNERS'. A prominent 'SPECIAL OFFER!!' section details a 30% discount and a free racket for new enrollees. Two inset photos show children playing tennis and a group of children holding tennis balls. The Topline Tennis logo and 'ANZ HOT SHOTS' branding are at the bottom.



## Newsletter Advertising—Public Notices

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**Australian  
Childhood Anxiety  
TREATMENT STUDY**

**Free home-based  
assessment and treatment for  
7 to 12 year old children with  
fear and anxiety disorders.**

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

**About the study**

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child’s anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of home-based treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child’s progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

**About the treatments**

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

**Contact us**

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:

 (07) 3735 3351  
 [cadrp@griffith.edu.au](mailto:cadrp@griffith.edu.au)  
 [griffith.edu.au/childhood-anxiety-treatment-study](http://griffith.edu.au/childhood-anxiety-treatment-study)



Australian Government  
National Health and  
Medical Research Council



Griffith  
UNIVERSITY  
Queensland, Australia  
GU Ref No: 2019/146

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**You are warmly invited to join Nillumbik Shire Council for a gala dinner to recognise your contribution and celebrate National Volunteer Week 2022.**

**Thursday 19 May, 6pm - 9pm  
Eltham Community and Reception Centre, 801 Main Rd, Eltham.**

Together, through volunteering, we are changing communities and peoples' lives for the better. As the 2022 National Volunteer Week theme suggests, we are **Better Together**.

The celebration will include:  
Dinner and refreshments  
Inspiring local speakers  
Fun activities and entertainment  
A 'thank you' gift

**[Book your free ticket](#)**

If you are attending as a group and would like to sit together, please reference the table number and seating number via the room map when booking.

Ticketing will close Wednesday 11 May.

Email [volunteering@nillumbik.vic.gov.au](mailto:volunteering@nillumbik.vic.gov.au), or call 9433 3147 to discuss any specific dietary, access or transport requirements.

Coronavirus  
(Covid-19)

# Pop-up COVID-19 vaccination clinic

**Saturday 7 May, 10am-4pm**  
**Edendale Community  
Environment Farm**  
**30 Gastons Road, Eltham**

First, second and third doses.  
For those eligible, fourth doses are also available.  
Walk-ins and bookings are accepted for all age groups.  
Book online via <https://portal.cvms.vic.gov.au>  
or by calling the Victorian Coronavirus Hotline on 1800 675 398.

Proudly supported by








Eltham Chamber Of Commerce

## A Mother's Day Luncheon

Wednesday 4th May 2022  
12:00pm - 2:00pm

Missing Gorilla  
1720 Commercial Place,  
Eltham 3095

A percentage of all proceeds raised from this event will be donated to the Breast Cancer Network Australia

Book your ticket via [Eventbrite.com](https://bit.ly/31vLEdY)  
<https://bit.ly/31vLEdY>  
@elthamtown

**Tickets \$50**  
**Includes 2**  
**course lunch**  
**& FREE gift**

